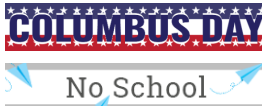




October 2026

Bergen Center for Child Development - Haworth

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			 • Chicken Parm with Pasta • Sauteed Lemon-Garlic Green Beans Swap Outs • Yogurt & Fruit Parfait	 • Cheese Pizza • Freshly Prepared Cucumber and Tomato Salad Swap Outs • Muffin Bag with Scooby Doo Grahams
5	6	7	8	9
• Philly Chicken Cheesesteak • Garlic Herb Seasoned Fries Swap Outs • Ham & Cheese on a Kaiser Roll	 • Turkey Taco Scoop-a-Bowl • Black Bean and Corn Salad Swap Outs • Bagel Bag with Yogurt and Cheese	• Mini Meat Loaf • Whipped Mashed Potatoes • Mixed Vegetables • Warm Biscuit Swap Outs • Cheese & Fruit Bento Box	• Teriyaki Chicken Lo Mein • Vegetable Egg Roll Swap Outs • Muffin Bag with Scooby Doo Grahams	 • Cheese Pizza • Garden Salad Swap Outs • Cereal Bag with Yogurt
12	13	14	15	16
 No School	 • French Toast Bites • Juicy Breakfast Sausages • Crunchy Tater Tots Swap Outs • Bagel Bag with Yogurt and Cheese	• Freshly Baked Pizza Crunchers • Marinara Sauce • Roasted Parmesan Carrots Swap Outs • Yogurt & Fruit Parfait	• BBQ Chicken Drumsticks • Mini Country Cornbread Loaf • Corn on the Cob Swap Outs • Hummus Platter Bento Box	 • Cheese Pizza • Garden Salad Swap Outs • Crispy Chicken BLT Sandwich
19	20	21	22	23
• Chicken Fajitas • Salsa • Sour Cream • Tex-Mex Rice with Black Beans Swap Outs • Bagel Bag with Yogurt and Cheese	• All Natural Beef Hot Dog on a Bun • Seasoned Sweet Potato Waffle Fries Swap Outs • Cereal Bag with Yogurt	 • Spaghetti and Meatballs • Twisted Cheesey Breadstick • Roasted Garlic Broccoli Swap Outs • Muffin Bag with Scooby Doo Grahams	• Beef Shepherds Pie • Warm Biscuit Swap Outs • Italian Sub	 • Cheese Pizza • Garden Salad Swap Outs • Cheese & Fruit Bento Box
26	27	28	29	30
 • Juicy Cheeseburger on a Bun • Onion Rings • Garlic Herb Seasoned Fries Swap Outs • Bagel Bag with Yogurt and Cheese	• Mandarin Orange Popcorn Chicken • Vegetable Fried Rice • Vegetable Eggroll Swap Outs • Yogurt & Fruit Parfait	 • Seasoned Beef Scoop-A-Bowl with Rice, Cheddar Cheese, Lettuce, Tomatoes, Salsa and Tostitos Scoops • Fiesta Corn Swap Outs • Hummus Platter	• Popcorn Chicken • Iced Pumpkin Swirl Roll • Peas and Carrots Swap Outs • Muffin Bag with Scooby Doo Grahams	 • Cheese Pizza • Freshly Prepared Cucumber and Tomato Salad Swap Outs • Ham & Cheese on a Kaiser Roll

*Menu is Subject to Change



QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak
to one of Maschio's Registered Dietitian
Nutritionists.

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Healthy meals grow
healthy kids!

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